

CERTIFICATE

OF PARTICIPATION

This is to certify that

Lardus Plessis

Has successfully participated & completed the

21km Prestige Trail Run Series #3 - Rosemary Edition

held at Rosemary Hill Trails.

TIME 02:34:39

PACE 07:21/km

OVERALL 79 of 101

GENDER 53 of 65

OPEN 28 of 37

25 August 2019, Sun

Date



